



January Magic Moments Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
		Whole Grain Blueberry Muffin Low Fat Cheese Stick Fresh Orange Slices Milk	Choice of Cereal Low Fat String Cheese Fresh Banana Milk	Warm Biscuit & Gravy w/Sausage Patty Chilled Peaches Milk
8	9	10	11	12
Choice of Cereal Low Fat String Cheese Diced Peaches Milk	Warm Apple Frudel 100% Orange Juice Chilled Pineapples Milk	Whole Grain Cinnamon Pop Tart w/String Cheese 100% Grape Juice Chilled Peaches Milk	Choice of Cereal Low Fat String Cheese Chilled Peaches Milk	Whole Grain Waffles 100% Grape Juice Milk
15	16	17	18	19
Choice of Cereal Low Fat String Cheese Diced Pears Milk	Warm Chocolate Chip French Toast Sticks Fresh Apple Slices Milk	Whole Grain Blueberry Muffin Low Fat Cheese Stick Fresh Orange Slices Milk	Choice of Cereal Low Fat String Cheese Fresh Banana Milk	Warm Biscuit & Gravy w/Sausage Patty Chilled Peaches Milk
22	23	24	25	26
Choice of Cereal Low Fat String Cheese Diced Peaches Milk	Warm Apple Frudel 100% Orange Juice Chilled Pineapples Milk	Whole Grain Cinnamon Pop Tart w/String Cheese 100% Grape Juice Chilled Peaches Milk	Choice of Cereal Low Fat String Cheese Chilled Peaches Milk	Whole Grain Waffles 100% Grape Juice Milk
29	30	31	1	2
Choice of Cereal Low Fat String Cheese Diced Pears Milk	Warm Chocolate Chip French Toast Sticks Fresh Apple Slices Milk	Whole Grain Blueberry Muffin Low Fat Cheese Stick Fresh Orange Slices Milk	Choice of Cereal Low Fat String Cheese Fresh Banana Milk	Warm Biscuit & Gravy w/Sausage Patty Chilled Peaches Milk

Milk selections include 1% white, skim or skim chocolate. All milk is artificially hormone free.

This institution is an equal opportunity provider.